

Student handbook

—
Academic Year
2025-2026



Tours



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The essentials

Key steps

From your home country:

01

Book **ACCOMMODATION**

02

Organise home insurance through **SMERRA**

03

Upon your arrival in France:

04

Register on AMELI website to benefit from free medical cover in France: **etudiant-etranger.ameli.fr**

05

Open a **BANK ACCOUNT**

06

Upload your visa **AND** proof of visa validation onto Excelia's **WEBGAÏA**

07

If you are renting accommodation for 5+ months, you can apply for housing benefit on the **CAF** website: **caf.fr**

08

Organise **ADDITIONAL HEALTH INSURANCE** (known as **complémentaire**)





The essentials

Visa – residence permit – CVEC fee

Studying in France

Once your long-stay student visa has been issued and you are on French soil, you have 3 months to validate your visa online, on the following website:

administration-etrangers-en-france.interieur.gouv.fr/particuliers/#/.

This compulsory process is quick and easy, and it will ensure your stay complies with French law. You will need the following to hand:

- a valid email address
- 4 pieces of information noted on your visa
- your address in France
- a valid credit card to pay the €50 tax stamp

If you decide to continue your studies at Excelia beyond the year specified on your visa, you will need to apply online for a residence permit (*titre de séjour*).

CVEC fee

CVEC (*Contribution de Vie Étudiante et de Campus*) is a financial contribution to student and campus life, and all students enrolled in higher education are required to pay this fee each year. **For the 2025–2026 academic year, the fee is €105**. To pay the fee, go to the following website: cvec.etudiant.gouv.fr (in the top right-hand corner, you will find an English version of the page). To finalise your registration, you will be asked to provide proof of your CVEC payment.

NOTE: students on an academic exchange, refugees, and asylum seekers DO NOT HAVE TO PAY the CVEC fee.

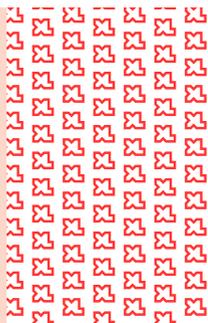
To extend your right to stay in France as a student

If you decide to continue your studies at Excelia beyond the year specified on your visa, you will need to apply for a residence permit 3 months before your long-stay student visa expires. **Residence permit renewals** are also done online via the same website: **administration-etrangers-en-france.interieur.gouv.fr/particuliers/#/**



FOR ANY QUESTIONS OR HELP

Please contact Morgane NOEL:
noelmo@excelia-group.com



Working in France as a foreign student

Students with a VLS-TS visa are authorised to work in France for up to 60% of the legal working week, without having to apply for a work permit. This equates to 964 hours per year. In addition, with this visa, you can travel within the European Union for a maximum of 90 days during your stay.

NOTE: If you want to carry out a work placement (of more than 90 days) in a European Union member country, you will need to apply for a visa from the relevant consular authority.

Good to Know

If you need official passport photos, there is a photo booth located in the Monoprix store near the campus: Monoprix, Les 2 Lions, L'Heure Tranquille shopping centre, 59 avenue Marcel Mérieux, Tours





The essentials

Accommodation

Excelia's accommodation platform

On the school's accommodation platform, you will find many ads for accommodation in La Rochelle and 40 other cities throughout France. Simply go to: excelia-group.studapart.com or visit [XL Connect > My campus > Accomodation](#)

Room in a private house: starting from €350 per month

Choosing to live with a host family gives you the opportunity to discover the French way of life and improve your language skills.

Apartments: starting from €600 per month

The cost of furnished accommodation in La Rochelle varies according to the area, proximity to public transport, the quality of the accommodation, and whether or not service charges are included in the rent.

To be able to rent accommodation:

- you will need to show your proof of acceptance letter from Excelia
- if you do not have a French guarantor, you can take out the 'Studapart guarantee' against unpaid rent – this is available on the accommodation platform; a fee is charged for this service

Other information

SECURITY DEPOSIT

As a rule, this amounts to 1 or 2 months' rent, paid as a guarantee in case of damage. If there is no damage, after the outgoing inventory of fixtures and fittings, the deposit will be returned in full within a maximum period of 2 months.

HOME INSURANCE

This insurance is **compulsory**. It covers any damage (water, fire, etc.) to your property and to any other property. It can be taken out via an insurance company, a bank or through a student mutual fund (known as a *mutuelle*).



BEFORE MOVING INTO YOUR ACCOMMODATION

01

You must sign a **rental agreement**.

02

You need to take out **home insurance**; you can organise this through any bank or insurance company.

03

On the day you receive the keys, make sure you carry out an **incoming inventory of fixtures and fittings** with the owner: both parties need to sign this document.

BEFORE LEAVING YOUR ACCOMMODATION

01

At least one month before your departure:

You need to send a notice of departure as a signed-for registered letter to both the property owner and your insurance company.

02

Two weeks before your departure:

You need to contact the owner to arrange a time and a date for the outgoing inventory and for returning the keys. Make sure you leave your accommodation in good condition; take a reading of all the meters (electricity, gas and water) and arrange to have the supply cut off.

03

On the day of your departure:

You need to sign the outgoing inventory and return the keys.

04

Within two months of your departure:

The owner must return your security deposit in full if no damage was noted on the outgoing inventory, or in part if damage was noted. The owner must justify any expenses incurred for repairing the damage.

ADIL 37

If you encounter any problems with the owner of your accommodation, the ADIL can provide you with legal assistance.

34 place de la Préfecture, 37000 Tours

Tel: +33 (0)2 47 60 90 70 / 0 808 800 700

Email: contact@adil37.fr

Website: adil37.fr





Housing benefit (known as APL)

This financial assistance for individuals and families on low incomes is administered by the French benefits/welfare office called the CAF (Caisse d'allocations familiales). As a foreign student, you may be eligible for housing benefit, provided that...

- you are an EU citizen or hold either a VLS-TS visa or a French residence permit
- you are staying in France for at least 10 months, **i.e.** a full academic year (as it takes a very long time to process applications and receive benefits).

DOCUMENTS REQUIRED FOR HOUSING BENEFIT APPLICATIONS

- **Details of your bank account in France**, known as your RIB (*Relevé d'identité bancaire*)
- A copy of your **birth certificate** in English or in French
- Proof of enrolment, known as a ***certificat de scolarité***

Plus

- **For EU citizens:** a copy of your European Health Insurance Card
- **For non-EU citizens:** a copy of your visa and proof of validation of your visa or a copy of your residence permit, and a copy of proof of French health insurance cover (*Sécurité Sociale*) with your Social Security number on it

To apply for housing benefit, go to: **caf.fr**

If you need help with your application or have any questions, please contact the team at the **International Office**.

Equipping your home on a budget

SECONDHAND SHOPS

- Occaz'ou, brocante permanente,
13 rue Charles Coulomb,
37170 Chambray-lès-Tours
occazou.fr
- Emmaüs Tours Nord,
14 rue de Belgique,
37100 Tours
emmaus-touraine.org
- Secours Populaire, Tours Centre branch,
2 allée de Luynes
(ground floor),
37000 Tours
secourspopulaire.fr/37/tours-centre



The CROUS

The CROUS is a government agency that manages student accommodation, grants, and catering **(known as RU – *Restaurants Universitaires*)**.

If you prefer, you can contact the CROUS directly via their website:
crous-orleans-tours.fr/se-loger/faire-une-demande-de-logement-dans-une-residence-crous/



Electricity and gas

For most rentals, water is already included in the rent. However, for electricity and gas, you will need to sign a contract with the relevant providers.

FOR AN ELECTRICITY/GAS CONTRACT, YOU WILL NEED TO PROVIDE: :

- the number that appears on the electricity counter of your accommodation and the name of the previous occupant (ask your property owner for this information)
- your RIB if you intend paying by direct debit

ENGIE (ELECTRICITY AND GAS SUPPLIER):

Tel.: +33 (0)9 69 39 99 93

Website: particuliers.engie.fr

Internet and Telephone



There are many operators and providers offering different Internet and phone packages (limited and unlimited packages, with international options).

To take out a contract, you will need to provide:

- your RIB
- a photocopy of your passport and visa
- proof of address (photocopy of your tenancy agreement or a utility bill)

It is easier and less expensive to only take out a mobile phone subscription that includes a strong 4G connection. You can then share your phone's Wi-Fi with your computer to connect to the Internet.

Telephone operator stores in Tours:

FREE	SFR	ORANGE
32 rue Nationale 37000 Tours	47 rue Nationale 37000 Tours	27 rue Nationale 37000 Tours
Tel.: 3244	Tel.: 1023	Tel.: +33 (0)9 69 37 03 64 Go online to book an in-store appointment

The essentials

Health

Insurance

EUROPEAN HEALTH INSURANCE CARD (EHIC)

Students from the EU, the EEA, and Switzerland need to apply for a EHIC **BEFORE** leaving their home country, and bring it with them, making sure that it is valid for the entire duration of their stay in France.

HEALTH INSURANCE

All students, whether French or international, are covered by the *sécurité sociale*, which is the national health insurance system in France. It is free of charge. To register, go to:

etudiant-etranger.ameli.fr

This health insurance plan **DOES NOT APPLY** to:

- EU, EEA, and Swiss students, who should already have a European Health Insurance Card (EHIC)
- students from Québec, who should have an SE 401-Q-106 form
- students who are staying for less than 3 months and who must therefore organise personal health insurance either in their home country or in France

How the french health system works

MEDICAL CONSULTATIONS

When going to the doctor's, in order to be reimbursed, you must present either your *Carte Vitale* health card (or the letter proving you have registered with the French health insurance system) or your European Health Insurance Card. The French health insurance system (*Sécurité Sociale*) will reimburse you 70% of a doctor's consultation fee. You are responsible for the remaining 30%. You can choose to take out additional health insurance (often referred to as a *complémentaire* or *mutuelle*) that will cover the remaining amount. We strongly recommend that you take out at least a basic additional health insurance contract (known as a *contrat de base*), which will provide you with 100% cover in the case of hospitalisation.

For more info: **smerra.fr**

To book medical appointments online go to Doctolib: **doctolib.fr**

Emergency appointments: SOS Médipôle, 19 Rue de la Dolve, 37000 Tours.

Tel: +33 (0)2 47 38 33 33



Hospital Stays

If you have to be admitted to a hospital in France, it can be very expensive. On average, a day in hospital costs €1,000. Depending on the type of care needed, the French health insurance system (Sécurité Sociale) will reimburse 70% of this amount, i.e. €700. If you do not have additional health insurance, you will have to pay the remaining €300 per day. However, if you take out a basic additional health insurance contract (contrat de base), which costs approx. €5 per month, you will be reimbursed 100% in the event of a hospital stay.

Buying Medication

Medication is sold in pharmacies. Certain products require a doctor's prescription in order for the medication to be dispensed and for you to be reimbursed. Pharmacies are open from Monday to Saturday, usually from 9 am to 7 pm. Outside of these hours (nights and weekends), certain pharmacies remain open. Details of these out-of-hours pharmacies are usually posted on the door of pharmacies in the city.



University medical services

In the event of any emotional issues (stress, anxiety, depression, etc.), we advise you to contact a **member of our Sentinel Unit on campus**. These key representatives within Excelia have been trained to listen to student concerns, whatever they may be: relationship difficulties, health worries, questions about the future, feelings of isolation, etc. Our Sentinels will be able to assist you in total confidentiality.

Help is at hand

CAMPUS SENTINELS

John GAVOILLE
Student Life Coordinator
Email: gavoillej@excelia-group.com
Tel.: +33 (0)6 22 12 33 13

Amélie LIMORTÉ
Executive Assistant
Tours + Orleans campuses
Email: limortea@excelia-group.com
Tel.: +33 (0)9 78 99 12 42

LA MAISON DES ADOLESCENTS

Psychological care
3 rue de la Victoire, 37000 Tours
Tel.: +33 (0)2 47 22 20 69

NEVAYA PLATFORM: PSYCHOLOGICAL COUNSELLING

Online appointments with a psychologist
(in French, English or Spanish)
Book an appointment by email or telephone
Email: psychologue.nevaya@gmail.com
Tel.: +33 (0)6 49 89 75 52

Finances

Living costs



Rent and utility costs

Rent: €350 – €600/month
Water, electricity, gas: approx. €100/month

Fil bleu transport network

- Bus/tram pass (Under 26s): €23 per month (€230 per year)
- Bike hire subscription: €3 to €5 (free for bus/tram pass holders)

Opening a bank account

If you are staying in France for more than 3 months, you can open a bank account.

BANQUE POPULAIRE Val de France

23 rue Nationale, 37000 Tours
Tel.: +33 (0)9 88 98 93 45

SOCIÉTÉ GÉNÉRALE

3 boulevard Heurteloup, 37000 Tours
Tel.: +33 (0)2 47 70 57 00

CRÉDIT AGRICOLE de la Touraine ou du Poitou

Avenue Stendhal, 37200 Tours
Tel.: +33 (0)2 47 80 35 50

CRÉDIT AGRICOLE de la Touraine ou du Poitou

28 rue James Watt, 37200 Tours
Tel.: +33 (0)2 47 21 89 34

It is very simple to open an account! Just book an appointment with the bank of your choice and provide the following documents:

- A piece of ID
- Proof of address (photocopy of your tenancy agreement or a utility bill)
- Proof of enrolment at the school (*certificat de scolarité*)

If you lose your bank card or if it is stolen, contact your bank as soon as possible to cancel the card. If the bank is closed, call the number for loss or theft which you will find in your bank contract or online. Recontact the bank the following day to confirm your card has been cancelled. Make sure you complete any documents the bank sends you, ensuring you have signed them before then returning them.



For more information about funding your studies: excelia-group.com/student-services/international-students/fees-funding



Arriving by plane – Paris

The majority of you will arrive in France at one of the capital's main airports: Roissy-Charles-de-Gaulle or Paris-Orly.

From these airports, you can take a train to Tours.

For more information about the airports and their services:

aeroportsdeparis.fr



Arriving in France

Getting to Tours

Arriving by plane – Tours

Some of you may choose to fly directly to Tours Val de Loire airport, which is located 6 km north of the city centre. From the airport, walk to Vaucanson bus/tram stop. From Vaucanson you can take a bus or a tram to the city centre:

- Bus N°2, signed to CHU Trousseau
- Tram A, signed to Lycée J. Monnet

The main city centre stop is Jean Jaurès.

Buses depart every 10–15 minutes, 7 days a week.

Ticket price (on the bus): **€2**

Travelling to Tours – car share

BlaBlaCar is a car share service which enables you to travel more economically. To find a suitable journey, sign up on the internet site: [blablabla.com](https://www.blablabla.com) or download the application onto your smartphone.



Travelling by train from Paris to Tours

TRAINS TO TOURS LEAVE FROM MONTPARNASSE STATION IN PARIS

To get to Montparnasse station from either airport, you can take the RER, then the Metro. For more info: [ratp.fr](https://www.ratp.fr)

Travelling by car to Tours

If you are coming to Tour by car, pay close attention to the speed limits in France (km/h):



Motorways



Dual
carriageways



Main roads



Built-up
areas



Local transport

Getting around Tours

Buses and trams

Almost all bus lines in Tours operate every **7-10 minutes from 5:00 am to 12:30 am**.

On Sundays, buses operate every **30 minutes from 5:30 am to 12:30 am**.

Tram A serves the university area, operating every **6-10 minutes from 4:30 am to 12:30 am**.

On Sundays, the tram operates every 30 minutes from 5:30 am to 12:30 am.

Bus/tram pass for students and Under 26s: **€23 per month** (€230 per year – price includes 2 months free)

Bus/tram Liberté pass: A pay-as-you-go pass, offering preferential rates

Bus routes and timetables: **filbleu.fr**

Getting around the region

Rémi is a multimodal transport network operated by the region, which includes:

- Rémi Express trains (services to Blois, Orleans, Bourges, Montluçon, and Paris, etc.)
- Rémi trains (local train service)
- Rémi buses which operate within the region, outside of urban areas

Indicative price (depending on distance): **€3.30**

For more info: **remi-centrevalde Loire.fr**

Click on HORAIRES ET ITINERAIRES > ITINERAIRES (timetables and routes > routes)

Late night transport

The Fil Bleu transport network operates services until just after midnight (12:30 am).

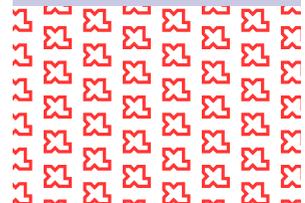
Fil Bleu App: For transportation in and around Tours, you can download the Fil Bleu App which provides details of all bus and tram lines, timetables, stops, bicycle docking stations, etc. Practical, user-friendly and totally free, the App will help you plan your journeys throughout the entire Tours region using the public transport network.

Good to know

You can benefit from all the Fil Bleu transport network services for just €23 per month!



For more info: filbleu.fr/services/application-mobile





Bikes

You can hire a bike via Velociti, the city's bike hire service.
 Bike hire for students, Under 26s, and Fil Bleu pass holders:
 Standard bikes: **€5 per month**
 Electric bikes: **€42 per month**

Not to be missed... the Loire Châteaux

The Rémi transport network offers you preferential rates for visiting various tourist attractions in the Centre-Val de Loire region.

For almost two centuries, the history of the royal Château of Amboise has been intimately linked to the history of France itself.

This grandiose Renaissance palace of Kings Charles VIII and Francis I, and the burial place of the celebrated Leonardo da Vinci, bears witness to the profound changes that took place in Europe in the 15th and 16th centuries.

The Château du Clos Lucé is an ancient fiefdom of the Château of Amboise; it was the summer residence of the Kings of France and then home to Leonardo da Vinci. Preferential rates exist if you visit both sites.

Rémi bus (Line C): **starting from €3**
 Possibility of reduced prices: **yeps.fr**

For more information about things to see and do:
touraineloirevalley.com and tours-tourisme.fr



Local transport

Getting to Excelia

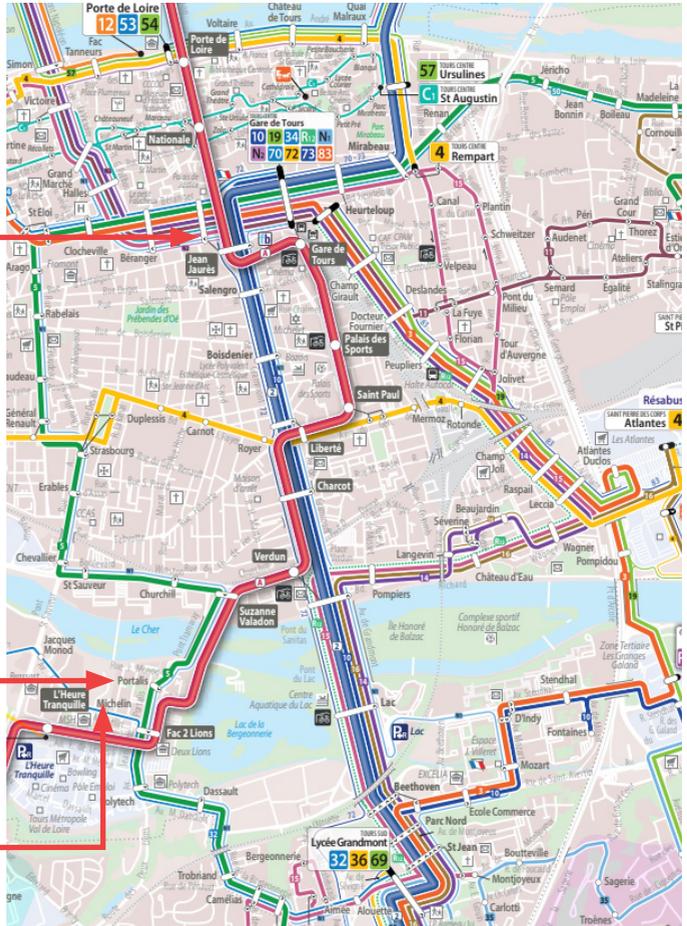
By bus

- Take bus n°. 5 and get off at bus stop **Portalis**
- Take bus n°. 32 and get off at bus stop **Michelin**

Bus stop for train station
Gare de Tours

Bus stop 5-min walk
from Excelia:
Portalis

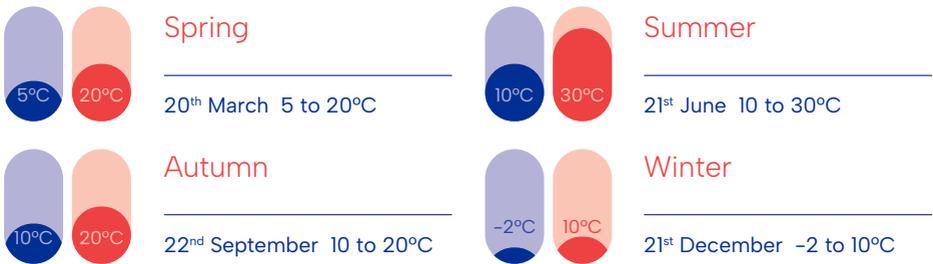
Bus stop for Excelia
Michelin



Tours

Climate

Tours has a temperate climate due to the influence of the River Loire: it is humid in winter and pleasantly warm in summer. However, the weather is also influenced by the continental climate, so it can sometimes be very cold in winter and very hot in summer!



Major events



MARCH	MAY	JUNE	JULY	SEPTEMBER	DECEMBER
<ul style="list-style-type: none"> • Tours Carnival 	<ul style="list-style-type: none"> • Tours Fair • DreamHack • Fun Fair • Vitiloire 	<ul style="list-style-type: none"> • Tours'N Man • Midsummer Music Festival • Aucard de Tours • Japan Tours Festival 	<ul style="list-style-type: none"> • American Tours Festival • Terre du Son 	<ul style="list-style-type: none"> • Tours Flea Market • Campus festival 	<ul style="list-style-type: none"> • Christmas Market



For more information about things to see and do: tours-tourisme.fr



Tours

Leisure & entertainment

Places to visit

MUSÉE DES BEAUX-ARTS

Full price: €8.40

Students 26+: €4.20

Under 26s: Free

First Sunday of each month: Free

NATURAL HISTORY MUSEUM

Full price: €5

Reduced rate: €2.50

Students with PCE* card and

Under 26s: Free

MUSÉE DU COMPAGNONNAGE

Full price: €6.60

Reduced rate: €3.30

Students with PCE* card and

Under 26s: Free

CHÂTEAU DE TOURS ET JEU DE PAUME

Full price: €5

Reduced rate: €2.30

Students with PCE* card and

Under 26s: Free

CCC OD, CENTRE DE CRÉATION CONTEMPORAINE OLIVIER DEBRÉ

Full price: €8.50

Reduced rate: €5.50

Under 18s: Free

Passeport culturel étudiant (PCE)

FOR ONLY €8 PER YEAR, THE PCE STUDENT CARD GIVES YOU THE OPPORTUNITY TO ENJOY MORE THAN 70 THEATRE, DANCE AND MUSIC SHOWS AT PREFERENTIAL RATES.

It can be purchased at the Université de Tours: you will need to show your student ID card and provide a passport photo.

Contact :

Christelle BERTHIER

Tel.: +33 (0)2 47 36 64 15

Email: christelle.berthier@univ-tours.fr

For more info:

pce.univ-tours.fr



Cinemas

CINÉMA CGR - TOURS 2 LIONS

42 avenue Marcel Mérieux

CINÉMA CGR - TOURS CENTRE

4 place François Truffaut

CINÉMAS STUDIO

2 rue des Ursulines

PATHÉ TOURS

141 rue du Colombier

Student life

Practical info and activities

Eating

Microwaves are available in the cafeteria. There are vending machines (for sandwiches and drinks) on the ground floor and other floors of the campus building.

IMPORTANT: Food and drink (excluding water) may only be consumed in the designated areas, i.e. near vending machines, in the cafeteria, and outside the building.

There are various catering options available in the L'Heure Tranquille shopping centre, just near Excelia.

CROUS University Restaurants (RU): you can also eat at the Technopôle university restaurant, located near our campus. For opening hours and directions: crous-orleans-tours.fr/restaurant/ru-du-technopole

A full RU meal (starter + main course + dessert) **costs €3.30** (€1 for grant holders).

Note: Cash payments are not accepted. So, don't forget to create an IZLY account, then download the application or ask for a plastic card at the reception desk.

For more info: crous-poitiers.fr/creation-compte-izlyrochelle-etudiants

XL Library

Excelia's media library gives you access to all types of documents (books, articles, press releases, etc.). It is also a great place to go for revision or for **group work** in private cubicles. You can borrow up to 8 items for 3 weeks.

For more information about XL Library services and conditions of use: library.excelia-group.com





Student life

Student card

Your student card provides a number of services, including discounted rates and access to university libraries internationally.



OBTAINING YOUR STUDENT CARD

Once your enrolment has been finalised, the admin team for your programme will provide you with a student card at the start of the academic year.

- If you lose the card, you will be charged €10 for the issuing of a new one
- If your card is stolen, you will be asked to provide supporting documents from the police confirming that the theft has been reported; a new card will then be provided free of charge

DON'T FORGET!

Your student card allows you to benefit from a whole range of reductions... transport, cinema, daily newspapers, museums, and even concert tickets!

You also need your student card to be able to use the photocopying–scanning machines located on the premises

Useful information

Postal service

La Poste is a postal service for sending letters and parcels. A letter posted in France will arrive in another French town within 48 hours.

For letters and parcels which are urgent, there are other companies available (Chronopost, DHL, etc).

For important letters, it is best to use a recorded delivery with signature by the recipient. This is known as a Lettre recommandée avec accusé de réception.

For postage costs, go to **laposte.fr** or visit your nearest La Poste office.

Sworn translators

CHINESE – FRENCH

Han ZHUAN
Email: zh200@yahoo.fr
Yanhua SUN
Email: contact@sun-translate.fr

RUSSIAN – FRENCH

Roman SOSENKO
Tel.: +33 (0)6 86 96 91 28
Express Traduction
Tel.: +33 (0)9 70 46 50 06

POLISH – FRENCH

Mirka WIELGOMAS
Tel.: +33 (0)6 32 16 79 90

ENGLISH – FRENCH FRENCH – ENGLISH

Christine GOURON
Tel.: +33 (0)2 47 27 64 00

Emergency numbers

112

European Emergency number

17

Police Law enforcement

18

Fire service Accidents

15

Medical emergencies Paramedics (SAMU)

Useful information

In France, shops are generally closed on Sundays!





Key contacts

For general questions...

CAMPUS DIRECTOR

Laurence ROCHERY
Email: rocheryl@excelia-group.com
Tel.: +33 (0)9 78 99 12 17

COORDINATEUR VIE DE CAMPUS

John GAVOILLE
Email: gavoillej@excelia-group.com
Tel.: +33 (0)9 78 99 12 66

INTERNATIONAL OFFICE COORDINATOR

(providing advice to international students about residence permits, visas, social security, mutual insurance, CAF, etc.)

Morgane NOEL
Email: noelmo@excelia-group.com
Tel.: +33 (0)9 78 99 12 12

For questions about your studies...

CONTACTS FOR EXCHANGE STUDENTS

Bachelor in Business

Morgane NOEL
Email: noelmo@excelia-group.com
Tel.: +33 (0)9 78 99 12 12

Master in Management / Masters of Science (MSc)

Camille BERGE
Email: bergec@excelia-group.com
Tel.: +33 (0)5 16 19 62 55

Bachelor in Tourism & Hospitality Management

Émilie GASQUET
Email: gasquete@excelia-group.com
Tel.: +33 (0)5 46 51 77 89

CONTACTS FOR NON-EXCHANGE STUDENTS

Bachelor in Business

Alain JAN-KERGUISTEL
Mail : jankerguistela@excelia-group.com
Email: +33 (0)9 78 99 12 06
and Valérie ROBERT
Email: robertv@excelia-group.com
Tel.: +33 (0)9 78 99 12 16

Master of Science (MSc)

Michèle CANARD
Email: canardm@excelia-group.com
Tél. : +33 (0)9 78 99 12 01
and Manon DEMAY
Email: demaym@excelia-group.com
Tel.: +33 (0)9 78 99 12 61

Master in Management Years 3, 4 and 5

Gaëlle MONGARD
Email: mongardg@excelia-group.com
Tel.: +33 (0)9 78 99 12 10

Excelia Hotel & Tourism School

Caroline LAURENT
Email: laurentca@excelia-group.com
Tel.: +33 (0)6 23 35 39 66

Excelia Communication School

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For questions about grants?

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ERASMUS+ TRAINEESHIPS ABROAD

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MOBI-CENTRE

The Mobi-centre scheme provides grants for international travel linked to academic expatriation during your studies

Morgane NOEL

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Map of Tours campus





Food

AMAP FARMERS' ASSOCIATION, FRESH, ORGANIC PRODUCE DIRECT FROM FARMS (MEMBERSHIP REQUIRED)

Average price of a box for 2 people: €15

- Les Paniers 2000: Les Colettes, 57 quai Paul Bert, Tours
- Patronage laïque La Fuye-Velpeau: 4 rue Montesquieu, Tours

GROCERY DISTRIBUTION OUTLETS AND FOOD WASTE APPS:

There are many community grocery distribution outlets in Tours, such as Restos du Cœur, P'tit Kadi, and Agathe. You will find more information about them on the Internet.

For food waste Apps, go to: etudiant.gouv.fr/tr/les-applis-antigaspi-pour-manger-moins-cher-268

Getting to the campus From surrounding areas

FROM JOUÉ-LÈS-TOURS
Tram A, arrêt Heure Tranquille

FROM CHAMBRAY-LÈS-TOURS
Lignes 30 + 2 + 5, arrêt Portalis

FROM SAINT-AVERTIN
Ligne 3a + 14 + Tram A,
arrêt Heure Tranquille



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NEW AQUITAINE REGION

 **La Rochelle Campus (Main Office):**
102 rue de Coureilles
Les Minimes
17000 La Rochelle

CENTRE-VAL DE LOIRE REGION

 **Tours Campus:**
47 avenue Edouard Michelin
37200 Tours

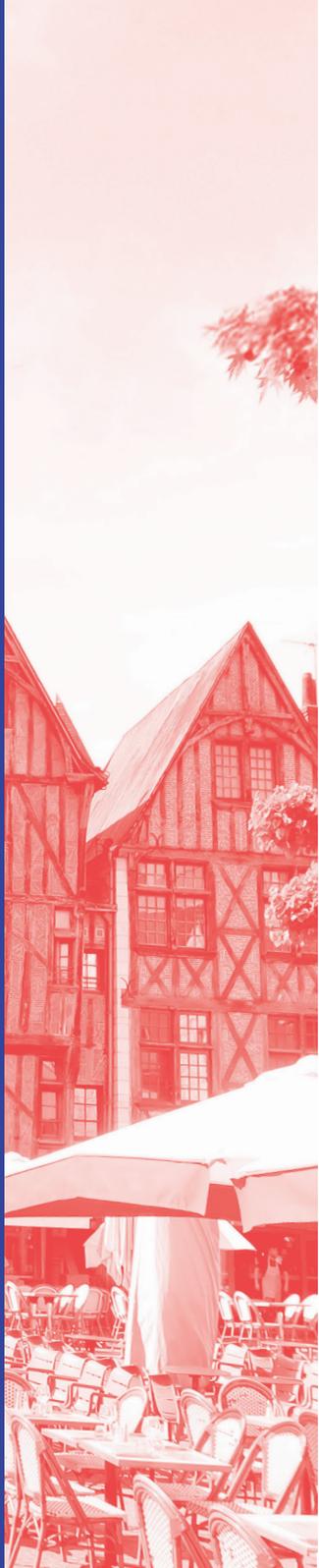
 **Orleans Campus:**
17 boulevard de Châteaudun
CS 70639
45016 Orléans cedex 1

PARIS REGION

 **Paris Campus:**
57 avenue du Président Wilson
94230 Cachan



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